



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Result of Sunday 18th August 2019 - R25/3H

Timekeepers - Start: Alf Williams, Steve Landeg, Finish: Robin and Frances Field
Jake Hughes, Andrea Parrish and Mike Waite

Event Sec: Martyn Heritage-Owen – 28, CF3 0EJ. Email: coaching@realteam.co.uk. Mob: 0778 606 7819

Well what a day, thank you to all the riders who rode and especially to all the riders who pb's just 7 in the main field and 14 in the women's and overflow tells the story of the day. **A separate email has gone to all the prize winners requesting bank details.**

Many thanks to the officials, helpers and of course my partner Sharon for a superb spread as usual.

I'm organising the National 10 in 2020. It's on the mixed single carriageway /dual R10/12 at Raglan. If you know the WCA 50 course then it's the Michel Troy "end" of that course. Get you entries in here for the ONLY open event promoted on the course before the National 10 next year. <https://www.cyclingtimetrials.org.uk/race-details/19139>

Of course, if you want the use the final BBAR 50 - WCA the following week as your recon you are also welcome. <https://www.cyclingtimetrials.org.uk/race-details/18360>

Finally, there was a photographer on the course. <https://www.davehaywardphotos.com/Cycling/Road/RealTeam-25-R25-3H-Neath-Wales-18-08-2019/>

Martyn

Prize List – Men

Prize	Name	Club	Cat	Time
1st	Henry Latimer	Didcot Phoenix CC	M	00:48:10
2nd	Alexander Royle	Manchester Bicycle Club	M	00:48:26
1st Vet	Paul Jones	Primera-Teamjobs	MV	00:49:31
2nd Vet	Keith Ainsworth	Sheffrec CC	MV	00:49:34
3rd	Tony Chapman	Frome and District Wheelers	MV	00:49:59
3rd Vet	Anthony Jones	Towy Riders Cycle Club	MV	00:50:01

Prize List - BAR/Overflow.

Prize	Name	club	Cat	Time
1st Man	Kieran Morris	Total Tri Training	Jun	00:51:14
1st Woman	Stephanie Post	Team Bottrill	W	00:52:01
1st Junior	Fabien Large	NOPINZ	Jun	00:52:26
1st Juvenile	Finlay Tarling	Team Backstedt Bike Performance	Juv	00:52:34
1st WVet	Michelle Lee	PDQ Cycle Coaching	WV	00:53:16
2nd WVet	Angela Carpenter	...a3crg	WV	00:53:39
2nd Woman	Anastasia Bowler	AS Test Team	W	00:53:56
3rd WVet	Debbie Bradley	Team Bottrill	WV	00:56:49
3rd Woman	Lindsey Styler	Croston Velo	W	00:56:52

Follow us at <https://www.facebook.com/groups/realteamltd/> or @realteamcycling on twitter.

Full Result - Overflow, Women's BAR, Jun

Pos.	Name	Club	Cat	LTS	Time	PB
1	Kieran Morris	Total Tri Training	Jun	00:52:13	00:51:14	Yes
2	David Medhurst	Cardiff Ajax CC	M	00:52:28	00:51:29	Yes
3	Stephanie Post	Team Bottrill	W	00:52:30	00:52:01	Yes
4	Fabien Large	NOPINZ	Jun	00:52:05	00:52:26	No
5	Finlay Tarling	Team Backstedt Bike Performance	Juv	00:54:09	00:52:34	Yes
6	Michelle Lee	PDQ Cycle Coaching	WV	00:57:07	00:53:16	Yes
7	Angela Carpenter	...a3crg	WV	00:52:30	00:53:39	No
8	Anastasia Bowler	AS Test Team	W	00:56:20	00:53:56	Yes
9	Ed Pitt	Salt and Sham Cycle Club	M	00:58:29	00:54:13	Yes
10	James Moss	North Road CC	MV	00:58:04	00:55:01	Yes
11	Gary Rickards	Cheltenham & County CC	MV	00:54:27	00:55:24	No
12	Roy Nield	Lancashire RC	MV	00:58:06	00:55:50	Yes
13	Debbie Bradley	Team Bottrill	WV	00:59:34	00:56:49	Yes
14	Lindsey Styler	Croston Velo	W	01:01:17	00:56:52	Yes
15	Emily Martin	Weaver Valley CC	W	00:58:55	00:56:56	Yes
16	Ian Houvenaghel	Royal Navy & Royal Marines CA	MV	00:58:18	00:56:57	Yes
17	Geoff Thomas	Rhondda Triathlon Club	MV	00:57:52	00:57:17	Yes
18	Richard Leary	Bynea Cycling Club	MV	00:57:51	00:57:29	Yes
19	Les Thomas	Port Talbot Whs CC	MV	00:57:34	00:57:36	No
20	Joanne Jago	Performance Cycles CC	W	00:57:22	00:57:40	No
21	Emma Angove	73 Degrees Bicycles, WestSide Coaching rt	W	00:56:53	00:57:41	No
22	Danuta Tinn	Maidenhead & District CC	WV	00:55:40	00:57:59	No
23	Jo Wilkie	Ride 24/7	WV	01:01:45	00:58:42	Yes
24	Benjamin Stone	Milford Tritons Cycling Club	M	01:00:12	00:58:44	Yes
25	Karen Bailey	East Lancashire RC	WV	01:03:25	00:58:48	Yes
26	Deborah Sheridan	Warwickshire Road Club	WV	00:58:25	00:58:56	No
27	Simon Kinsey	Virtual Cycling Club	MV	00:58:01	00:59:23	No
28	Amanda Lane	Bynea Cycling Club	W	01:10:00	00:59:32	Yes
29	Michael Collins	VC Sevale (Malvern)	MV	00:57:44	00:59:35	No
30	Cliff Voller	Newbury RC	MV	00:57:12	01:00:00	No
31	Paul Mulready	Stourbridge Velo	MV	01:02:29	01:00:06	Yes
32	Robert Lewis	Yeovil Cycling Club	MV	00:59:53	01:00:31	No
33	Roger Taylor	Frome and District Wheelers	MV	00:57:12	01:00:33	No
34	Robert Smith	Pembrokeshire Velo	MV	00:58:38	01:00:38	No
35	Paul Breeze	Peterborough CC	MV	01:01:35	01:00:44	Yes
36	Nigel Croxford	High Wycombe CC	MV	00:58:36	01:00:55	No
37	Tony Baxter	Withington Wheelers	MV	00:58:55	01:00:57	No
38	Virginia Mcgee	...a3crg	WV	01:00:14	01:01:04	No
39	Lizzy Stocker	IRIS Race Team	W	01:01:39	01:01:12	Yes
40	Tracy Rowlinson	Lyme Racing Club	WV	00:59:36	01:01:15	No
41	John Shehan	Bynea Cycling Club	MV	00:58:28	01:01:30	No
42	Catherine Etchell	Brecon Wheelers	WV	01:03:00	01:01:39	Yes
43	Tracy Wilkinson-Begg	Folkestone Velo Club	WV	01:06:51	01:02:22	Yes
44	Lynsey Astles	Weaver Valley CC	WV	01:06:15	01:02:25	Yes

Pos.	Name	Club	Cat	LTS	Time	PB
45	Joanna Knight	Bristol South Cycling Club	WV	01:00:29	01:02:43	No
46	Hugh Davies	Port Talbot Whs CC	MV	00:58:17	01:03:02	No
47	Diane Wilson-Evans	Bynea Cycling Club	WV	01:01:21	01:03:21	No
48	Vernon Schutte	Farnborough & Camberley CC	MV	01:04:00	01:03:40	Yes
49	Ali Charles	Gloucester City Cycling Club	WV	01:03:52	01:04:03	No
50	David Roe	Revo Racing	MV	00:59:53	01:05:12	No
51	John J Murphy	Gloucester City Cycling Club	MV	01:01:01	01:05:38	No
52	Alison Stephenson	Congleton CC	WV	01:16:12	01:08:55	Yes
53	Andrew Keward	Bynea Cycling Club	MV	01:01:22	01:09:59	No
54	Sharon Clifford	SheHair Racing Team	WV	01:03:14	01:11:35	No
55	Claire Thompson	Twickenham CC	WV	01:25:49	01:12:32	Yes
56	John Howells	Corinium Cycle Club	MV	01:05:30	01:13:55	No
	Marianne Holt	Team Bottrill	W	00:56:15	DNF	
	Alice Lethbridge	DRAG2ZERO	W	00:50:10	DNF	
	Darren Pitman	Sodbury Cycle Sport	MV	01:07:48	DNS	
	Harry Cowley	Chester RC	MV	01:07:07	DNS	
	Ken Rayson	...a3crg	MV	01:06:24	DNS	
	Richard Howes	Wrekinsport CC	MV	01:05:51	DNS	
	Martin Priestley	Chippenham & District Whlrs	MV	01:05:10	DNS	
	Brian Dalling	Swansea Wheelers	MV	01:03:01	DNS	
	Martin Orrill	Rugby Racing Cycling Club	MV	01:02:18	DNS	
	Simon Craig-Mcfeely	...a3crg	MV	01:01:47	DNS	
	Geoff Edgerton	North Shropshire Wheelers	MV	01:01:21	DNS	
	Mark Evans	Chippenham & District Whlrs	MV	01:00:18	DNS	
	David Garrett	Rugby Velo	MV	01:00:17	DNS	
	David Bird	VTTA (Yorkshire)	MV	00:59:35	DNS	
	Martyn Bidwell	Cardiff Ajax CC	MV	00:59:33	DNS	
	Mike Boyce	...a3crg	MV	00:59:27	DNS	
	Steven Jones	Bynea Cycling Club	MV	00:58:02	DNS	
	Jonathan Mills-Keeling	Cycle Club Bridgnorth RWG	MV	00:58:01	DNS	
	Gareth Williams	Hereford & Dist Whs CC	M	00:57:11	DNS	
	Conor Boyle	Woking Cycle Club	MV	00:57:12	DNS	
	Michael Tarling	West Wales Cycle Racing Team	MV	00:57:06	DNS	
	Garry Shuker	Walsall Roads Cycling Club	MV	00:58:25	DNS	
	Phillip Turner	ATAC	MV	00:57:02	DNS	
	Kevin Grant	Frome and District Wheelers	MV	01:10:23	DNS	
	George Mills-Keeling	Cycle Club Bridgnorth RWG	Jun	00:56:09	DNS	
	Harry Kirby	Bicester Millennium CC	Jun	00:54:28	DNS	
	Joshua Tarling	Team Backstedt Bike Performance	Juv	00:49:14	DNS	
	Claire Lee	Glendene CC	WV	01:01:10	DNS	
	Rachel Przybylski	Charlotteville Cycling Club	W	00:54:24	DNS	
	Louisa Cooper	Bournemouth Jubilee Whs	W	00:57:27	DNS	
	Victoria Smith	AeroCoach	W	00:52:03	DNS	
	Vicky Gill	DRAG2ZERO	W	00:51:45	DNS	
	Jo Buckland	PDQ Cycle Coaching	WV	00:58:15	DNS	
	Anna Turvey	DRAG2ZERO	W	00:50:32	DNS	
	Lauren Kirchel	Chelmer CC	W	00:55:18	DNS	

Full Result – Men's Event

Pos.	Name	Club	Cat	LTS	Time	PB
1	Henry Latimer	Didcot Phoenix CC	M	00:48:58	00:48:10	Yes
2	Alexander Royle	Manchester Bicycle Club	M	00:50:22	00:48:26	Yes
3	Paul Jones	Primera-Teamjobs	MV	00:48:16	00:49:31	No
4	Keith Ainsworth	Sheffrec CC	MV	00:48:00	00:49:34	No
5	Tony Chapman	Frome and District Wheelers	MV	00:50:01	00:49:59	Yes
6	Anthony Jones	Towy Riders Cycle Club	MV	00:49:14	00:50:01	No
7	Andy Davies	Cardiff Jif	M	00:49:53	00:50:42	No
8	Steven Pink	Poole Whs	MV	00:50:47	00:50:55	No
9	Joseph Moran	Team Bottrill	M	00:54:20	00:50:56	Yes
10	Peter Hutchinson	3C Test Team	M	00:50:26	00:50:57	No
11	Sam Taylor	Weaver Valley CC	M	00:55:03	00:51:14	Yes
12	David Triska	Team Bottrill	M	00:50:24	00:51:36	No
13	David Mcgaw	Cambridge CC	MV	00:49:01	00:51:40	No
14	Chris Jones	Bynea Cycling Club	MV	00:51:15	00:51:42	No
15	Dave Roper	Ride 24/7	M	00:53:21	00:51:48	Yes
16	Robin Short	Performance Cycles CC	MV	00:50:53	00:51:50	No
17	Toby Williams	Velotik Racing Team	M	00:50:31	00:51:51	No
18	Gianni Epifani	Manx Viking Wheelers	MV	00:53:15	00:52:11	Yes
19	Alastair Ribbands	Manchester Wheelers	M	00:53:13	00:52:14	Yes
20	Phil Willoughby	Towy Riders Cycle Club	M	00:51:29	00:52:17	No
21	Dave Williams	Cycle Specific	MV	00:52:48	00:52:27	Yes
22	David Bigio	Croston Velo	M	00:56:55	00:52:52	Yes
23	Stuart Stow	Twickenham CC	MV	00:52:04	00:53:16	No
24	Adrian Blacker	C and N Cycles RT	MV	00:52:42	00:53:18	No
25	Steven Cottington	Bath Cycling Club	MV	00:50:39	00:53:19	No
26	Peter Lloyd	N+1 - Lindfield Coffee Works	MV	00:53:28	00:53:20	Yes
27	Leon Evans	Cardiff Ajax CC	MV	00:52:50	00:53:23	No
28	Mat Stephenson	Congleton CC	MV	00:55:06	00:53:24	Yes
29	Max Lees	Leicestershire RC	M	00:53:38	00:53:33	Yes
30	Tom Stocker	Bournemouth Jubilee Whs	M	00:52:22	00:53:35	No
31	James Lewis	Yeovil Cycling Club	M	00:54:54	00:53:48	Yes
32	Lee Spoor	Tri Preston	MV	00:56:36	00:53:58	Yes
33	Daniel Styler	Croston Velo	M	00:56:41	00:54:14	Yes
34	Luke Smith	Bristol South Cycling Club	MV	00:53:36	00:54:25	No
35	James Fritchley	Westbury Wheelers	MV	00:53:53	00:54:28	No
36	Stephen Wilkinson	Folkestone Velo Club	MV	00:53:42	00:54:32	No
37	Thomas Dye	Cardiff Ajax CC	M	00:52:57	00:54:40	No
38	Daniel Shaw	Halifax Imperial Wheelers	MV	00:52:52	00:54:42	No
39	James Brayford	Lyme Racing Club	M	00:54:09	00:54:56	No
40	Darrel Williams	Bynea Cycling Club	MV	00:52:35	00:54:58	No
41	Jonathan Heath	Brecon Wheelers	M	00:54:14	00:55:04	No
42	Randle Shenton	Team Swift	MV	00:53:57	00:55:05	No
43	Jon Saunders	Charlotteville Cycling Club	M	00:53:55	00:55:17	No
44	Tim Carman	Farnborough & Camberley CC	MV	00:55:30	00:55:21	Yes
45	David Wright	Cotswold Veldrijden	MV	00:56:02	00:55:29	Yes
46	Nick Young	Yeovil Cycling Club	MV	00:52:31	00:55:32	No

Pos.	Name	Club	Cat	LTS	Time	PB
47	Daniel Kempe	Bristol South Cycling Club	MV	00:54:07	00:55:34	No
48	Mark Bradley	Bristol South Cycling Club	MV	00:52:47	00:55:41	No
49	John Dowling	Hemel Hempstead CC	MV	00:52:34	00:56:24	No
50	David Singleton	Acme Whs (Rhondda) CC	MV	00:54:14	00:56:25	No
51	Dean Prosser	Hereford & Dist Whs CC	MV	00:54:55	00:56:30	No
52	Mark Cleverley	3C Test Team	MV	00:56:04	00:56:44	No
53	Andy Horner	Ribble Cycles	MV	00:54:26	00:56:57	No
54	David Evans	Team Echelon	MV	00:54:18	00:57:16	No
55	Steven Loraine	Team Swift	MV	00:54:55	00:57:27	No
56	Roger Wood	Pontypool Road Cycling Club	MV	00:56:06	00:58:29	No
57	Marco Marletta	Cardiff Jif	MV	00:56:25	00:59:27	No
58	Barrie Whittaker	Lyme Racing Club	MV	00:55:54	00:59:54	No
59	Terry Icke	CC Weymouth	MV	00:54:13	00:59:57	No
60	Andrew Newey	Ribble Valley C&RC	M	00:52:32	01:02:57	No
	Ian Archibald	Johnstone Wheelers	MV	00:55:48	DNF	
	Simon Inman	OVB	MV	00:53:45	DNF	
	Steve Legg	...a3crg	MV	00:52:01	DNF	
	Rory Gilling	Velo Club Montpellier	M	00:49:33	DNF	
	Daniel Ryan	North Road CC	M	00:52:45	DNS	
	David Wilson-Evans	Bynea Cycling Club	MV	00:53:32	DNS	
	Martin Bullen	Peterborough CC	MV	00:54:24	DNS	
	David Harding	Chelmer CC	M	00:48:31	DNS	
	John Williams	Bynea Cycling Club	MV	00:56:54	DNS	
	Gerry Mcgarr	Gloucester City Cycling Club	MV	00:56:46	DNS	
	James Phillips	Milford Tritons Cycling Club	MV	00:56:40	DNS	
	Lawrence Cronk	SWYD Tri Club	M	00:56:40	DNS	
	John Aspell	PDQ Cycle Coaching	MV	00:56:29	DNS	
	Andy Kelly	Bristol South Cycling Club	MV	00:56:27	DNS	
	Mark Gateshill	PDQ Cycle Coaching	M	00:56:25	DNS	
	Stuart Evans	Port Talbot Whs CC	MV	00:56:09	DNS	
	David Thomas	Rhondda Triathlon Club	MV	00:55:37	DNS	
	Martin Howe	VELOFLOW CC	MV	00:55:34	DNS	
	Calum Cheshire	Cardiff Ajax CC	M	00:55:18	DNS	
	Chris Hall	Born to Bike - Bridgtown Cycles	MV	00:55:16	DNS	
	Chris Southworth	Leigh Premier Road Club	MV	00:55:13	DNS	
	Nick Giles	Poco Loco Cycling R.T.	MV	00:54:56	DNS	
	Andy Hazell	Nova Raiders CC	MV	00:54:55	DNS	
	Paul Derrick	Sodbury Cycle Sport	M	00:54:52	DNS	
	Jon Vickery	Cwmcarn Paragon Road Club	MV	00:54:43	DNS	
	Jon Wilkinson-Lockyer	Team Tor 2000 KALAS	MV	00:54:40	DNS	
	Pete Harris	Andover Wheelers	MV	00:54:33	DNS	
	Joe Graystone	Cowley Road Condors CC	MV	00:54:26	DNS	
	Steve Bray	Salt and Sham Cycle Club	MV	00:54:25	DNS	
	Alastair Luxford	Full Gas Racing Team	M	00:53:37	DNS	
	Robert Cooke	Rockingham CC	MV	00:53:33	DNS	
	Ian Dobbie	West Lothian Clarion	MV	00:53:06	DNS	
	Edward Priddy	Solihull CC	MV	00:52:59	DNS	
	Abid Hussain	Icknield RC	MV	00:52:43	DNS	

Pos.	Name	Club	Cat	LTS	Time	PB
	Harry Loader	Team Bottrill	M	00:52:34	DNS	
	Neill Keaney	Onyx RT	M	00:52:31	DNS	
	Steve Franklin	Rugby Velo	M	00:54:29	DNS	
	Mark Sanders	Mid Devon CC	MV	00:54:29	DNS	
	Mark Woolford	Team Swindon Cycles	MV	00:52:27	DNS	
	Lee Sanderson	Mid Devon CC	MV	00:52:20	DNS	
	Rod Hicks	Port Talbot Whs CC	MV	00:51:54	DNS	
	Adam Darby	Transition Race Team	M	00:51:50	DNS	
	Antony Bee	Wigmore CC	MV	00:51:49	DNS	
	Jonathan Barnes	Hereford Triathlon Club	M	00:51:48	DNS	
	Richard Bott	Team Aspire	M	00:51:41	DNS	
	David Francis	Tribe of one (FTV)	MV	00:51:06	DNS	
	Russell Kingston	Worcester St. Johns CC	MV	00:51:00	DNS	
	James Garrett	Rugby Velo	M	00:50:39	DNS	
	Henry Farrell	Full Gas Racing Team	M	00:50:33	DNS	
	Blake Pond	NOPINZ	M	00:50:00	DNS	
	Nicholas Candy	North Road CC	M	00:49:56	DNS	
	Alan Chorley	Seamons CC	MV	00:49:40	DNS	
	Paul Walshe	Plymouth Corinthian CC	MV	00:49:26	DNS	
	Darren Maironis	Transition Race Team	MV	00:49:14	DNS	
	Nick Dwyer	Lewes Wanderers CC	MV	00:48:59	DNS	
	Alan Murchison	DRAG2ZERO	MV	00:48:15	DNS	
	Richard Dean	Rockingham CC	MV	00:47:53	DNS	
	Arthur Franklin	Portishead Cycling Club	M	00:47:24	DNS	
	Ken Buckley	Nuun-Sigma Sport-London RT	M	00:46:27	DNS	
	David Middleton	Cardiff Ajax CC	M	00:50:32	DQ	